

Hayes News

Hayes Lodge Newsletter 01/11/2019

Hayes Lodge Annual Holiday

Fun in the sun this Summer was enjoyed by all.

Clients spent 6 nights in a home away from home villa in a beautiful, renowned town called Southwold located on the stunning Suffolk coast. All were kept busy daily exploring a range of lovely beaches along the coast line, we also found time to visit famous landmarks such as Colchester Castle, a Norman castle, which is the largest example of its kind anywhere in Europe due to being built on the foundation of a Roman temple.

A range of different activities took place including: visiting local Easton Farm Park, Walled gardens, Southwold Pier, and Orford Castle. Days were fun-packed with activities and included having picnics most lunch-times. The evening period was spent winding down whilst also preparing dinner as a group. We often rounded off the evening with a movie after returning from walks down the local river.



TG: AFFECTIONATE, ENERGETIC AND ADVENTUROUS. NOW ATTENDS COLLEGE 4 TIMES A WEEK

AE: STRONG-WILLED, CONFIDENT AND CURIOUS. HAS SEVERAL JOBS INCLUDING WORKING AT THE CHURCH, THE CHARITY SHOP AND THE CUPCAKE SHOP.



FO: CONSIDERATE OF OTHERS, LOVES MUSIC, VERY OUTGOING. WORKS AT A LOCAL NURSERY CALLED BUSY BEES AND ATTENDS 'THE LODGE' 3 TIMES PER WEEK.



SK: INDEPENDENT, HELPFUL AROUND THE UNIT, ENJOYS GOING OUT IN THE COMMUNITY VISITING FRIENDS AND FAMILY. JUST STARTED WORKING AT A LOCAL CHURCH.



MUSIC THERAPY

Communication through music / sound

SWIMMING

An amazing and effortless way to keep fit and have fun

HORSE RIDING

Known to have therapeutic advantages with clients

TRAMPOLINING

Good exercise and great fun!

KEEP FIT GYM CLASS

Good for strength training and self-confidence

ARTS & CRAFTS

Brings out their creative side and has a calming effect

MENCAP DISCO

One of our favourite social events in the calendar. Meeting new people.

TRIPS TO CENTRAL LONDON

Practising using public transport and getting to see the sights of the Big City

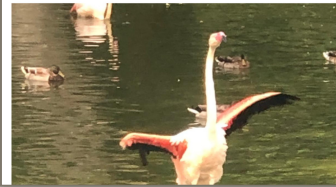
Africa Alive Zoo

Clients were supported to visit world famous Africa Alive Zoo and were excited to see a variety of different animals that ranged from door-mice to giraffes, lions, rhinos, cheetahs and many more to name a few. All clients attended and enjoyed touring around the zoo.



A mini train-tour took place and they also went on some amusement rides. Clients enjoyed petting the horses, guinea pigs and sheep.

A horse and carriage ride was among one of the amusements that clients were given the opportunity to experience.



Halloween and Christmas Party

We held both a Halloween and Christmas-themed party for staff, parents and clients to attend. Our Halloween party was fancy-dress and the clients enjoyed dressing and there were some very impressive outfits on show. Both parties were catered with delicious homemade treats, hot food and a selection of drinks.



Almond Care Providers Ltd

Going strong for over 6 years. We've gone from 1 unit to 4 and have also established specific office space to operate as the Company HQ. Our staff roster has gone from John and Larisa to now over **50 employees**.

We pride ourselves on **putting people first** and this has contributed to our growth due to feedback and recommendations from all stakeholders we engage with.

We are considered experts in the care associated with **autism** and **epilepsy** and we are focused on enhancing our knowledge and practices every day.



Company Update

We are saying goodbye to **Arrol Lodge**. The clients will be moving to a new and improved property near **Elmers End**. It will be within the same borough so their routine will not be affected.

We have welcomed two new senior members of staff have recently joined the team: **Alice** and **Bright**.

Congratulations to all staff members who recently completed their Level 5 in Health and Social Care.



Here is the team out celebrating on our team Christmas dinner at Pizza Express. ->

We had Secret Santa and it was good to spend time together outside of work.



Things to look forward to:

- Mencap Disco
- Summer Barbecue
- Trip to the seaside
- Tour of London
- Theatre: Shrek Musical
- Trip to the Cinema